



SIGN UP
SCAN THIS CODE, VISIT
OUR WEBSITE & SUBSCRIBE
TO RECEIVE SPECIALS BY EMAIL.

Ambrosia NATURAL FOODS

LOW-PRICED HEALTH FOOD SINCE 1979

**MAY
SUPER SPECIALS**

VISIT WWW.AMBROSIA.CA
TO SHOP ONLINE!

EVERY-DAY LOW PRICED HEALTH FOODS | CERTIFIED ORGANIC PRODUCE | ALL NATURAL HEALTH & BEAUTY
VITAMINS & SUPPLEMENTS | NATURAL & ORGANIC GROCERIES | QUALITY BULK FOODS | HEALTHY EATING



SAVE
62¢/lb
2.77
/lb

**BULK ORGANIC RAW
BUCKWHEAT GROATS**
Product of Canada



SAVE
\$1.30/lb
3.99
/lb

**BULK WALNUT HALVES &
PIECES** Product of USA



SAVE
74¢
1.55
ea

KIND SNACK BARS 40g



SAVE
45¢
2.44
ea

**BIOSTEEL SPORTS HYDRATION
DRINKS** 500ml



SAVE
\$1.20
1.99
ea

**PATIENCE FRUIT & CO
SOURCRAN DRIED FRUIT**
60g



SAVE
UP TO \$1.46
3.33
ea

**PATIENCE FRUIT & CO
ORGANIC DRIED FRUIT**
Select Varieties



SAVE
\$1.86
3.33
ea

**LESSER EVIL ORGANIC
POPCORN** 140g



SAVE
\$1.35
4.44
ea

**LESSER EVIL GRAIN-FREE
PALEO PUFFS** 142g



SAVE
\$2.16
3.33
ea

**O'DOUGHS
GLUTEN-FREE BAGELS**
300g



SAVE
\$1.55
4.44
ea

**O'DOUGHS
GLUTEN-FREE O'DIPPERS**
210g



SAVE
UP TO \$1.01
3.88
ea

**PRANA ORGANIC
GRANOLOVE CEREAL**
Select Varieties



SAVE
\$1.05
4.44
ea

**PRANA ORGANIC
OVERNIGHT CHIA WITH
OATS CEREAL** 5x50g



SAVE
\$2.64
5.55
ea

**MARY'S ORGANIC
GLUTEN-FREE CRACKERS**
Select Varieties



SAVE
\$1.62
7.77
ea

**RED CROWN ORGANIC
POMEGRANATE JUICE**
1L



SAVE
\$2.50
10.99
ea

**BEEKEEPER'S NATURALS
THROAT SPRAY** 30ml



SAVE
\$2.77
12.22
ea

**HERBATINT
PERMANENT HAIR
COLOUR GEL** 135ml



SAVE
\$7.40
19.99
ea

**GNA NATURALS
BAMBOO SILICA WITH
BIOTIN** 90 Veg Caps



SAVE
\$10.90
39.99
ea

**A. VOGEL PROSTATE 1 -
3840mg** 60 Caps



25% OFF

**AOR NATTOKINASE -
100mg** 60 Veg Caps

FOLLOW US



LOCAL DELIVERY
AVAILABLE THROUGH:



NEWMARKET

17555 Yonge Street
newmarket@ambrosia.ca
+1 (289) 903-1755

NOW OPEN!

THORNHILL

55 Doncaster Avenue
thornhill@ambrosia.ca
+1 (905) 881-7811

VAUGHAN

57 Northview Blvd.
vaughan@ambrosia.ca
+1 (905) 264-2510

TORONTO

1725 Avenue Road
avenue@ambrosia.ca
+1 (647) 748-1725

STORE HOURS

Mon-Fri: 9:00am - 9:00pm
Saturday: 9:00am - 6:00pm
Sunday: 10:00am - 6:00pm

PRICES VALID FROM MAY 1-31, 2024 AND ONLY WHILE QUANTITIES LAST. SOME PRICES MAY BE AVAILABLE ONLY IN-STORE.

PICTURES MAY NOT BE EXACTLY AS SHOWN (WE RESERVE ALL RIGHTS AND LIMIT QUANTITIES)



eXtra
strength
120,000 SU

Advanced
inflammation relief
Naturally



- An anti-inflammatory to reduce pain
- A natural pain control substance plus an excellent alternative to NSAIDS
- Helps to dissolve any dead or non-living tissue



Detoxify and Revitalize
your liver with liquid

Milk Thistle

- Detoxify your liver
- Improve mood
- Cholesterol support
- Chronic fatigue support



Also featuring the benefits of
SEA BUCKTHORN BERRY

MAGNESIUM
The Spark of Life



- Improves short & long term memory
- Improves working memory
- Eases the response to stressful events
- Supports mental clarity, attention capacity & cognitive function during aging
- Alleviate stress due to anxiety



Breathe Easy!

- Supports respiratory health
- Prevents LDL (bad cholesterol) oxidation to help support cardio health
- Supports detoxification
- Supports glutathione production (an important antioxidant)

POWERFUL
ANTIOXIDANT

- Immune system support
- Reduce inflammation
- Relieves allergy symptoms
- Reduces blood pressure
- Supports brain health



naka herbs.com



naka pro.com

The information is intended strictly for research & educational purposes, not as a diagnostic tool or a prescription for any ailment.

Tired of the hormonal roller coaster?

Balance menstrual cycle irregularities and relieve PMS.

canprev women



SAVE \$1.00

2.99 ea

SMART SWEETS LOW-SUGAR CANDIES

Select Varieties



SAVE \$5.50

9.99 ea

NUTS TO YOU NATURAL SMOOTH OR CRUNCHY ALMOND BUTTER 735g



SAVE UP TO \$3.50

9.99 ea

L'ANCETRE ORGANIC HARD CHEESE

Select Varieties



SAVE UP TO \$3.25

14.44 ea

DUTCHMAN'S GOLD NON-PASTEURIZED HONEY Select Varieties



SAVE \$3.30

16.99 ea

DUTCHMAN'S GOLD NON-PASTEURIZED BUCKWHEAT HONEY

1kg



SAVE \$21.22

37.77 ea

ACROPOLIS EXTRA VIRGIN OLIVE OIL 1L



SAVE \$1.30

4.99 ea

HIMALAYA FLUORIDE-FREE TOOTHPASTE

Select Varieties



SAVE \$6.45

14.44 ea

HIMALAYA ORGANIC BITTER MELON 60 Caplets



SAVE \$6.70

22.99 ea

HIMALAYA ORGANIC BACOPA 60 Caplets



SAVE \$10.00

39.99 ea

HIMALAYA LIVERCARE 180 Veg Caps



SAVE \$1.40

9.49 ea

NOW NIACINAMIDE 500mg 100 Veg Caps



SAVE \$7.00

24.99 ea

NOW L-ARGININE 1000mg 120 Tabs



SAVE \$6.05

14.44 ea

DERMA E VITAMIN E CREAM - 12,000IU 113g



SAVE \$7.22

17.77 ea

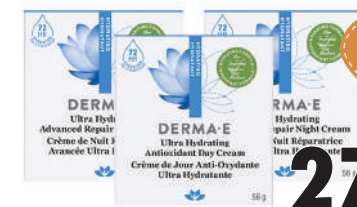
DERMA E VITAMIN A TREATMENT OIL 60ml



SAVE \$9.07

22.22 ea

DERMA E ANTI-AGING REGENERATIVE SERUM 60ml



SAVE \$8.92

27.77 ea

DERMA E HYDRATING DAY OR NIGHT CREAM 56g



20% OFF

FLORA IMMEDIATE RELIEF ENZYME 120 Veg Caps



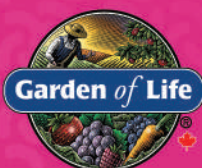
20% OFF

SISU SUPREME MULTIVITAMIN 120 Veg Caps

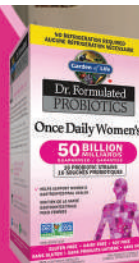


25% OFF

GARDEN OF LIFE ONCE DAILY WOMEN'S PROBIOTIC 30 Veg Caps



Our #1 Probiotic That Helps Women
#2 poop



@gardenoflifecanada #gardenoflifecanada



- Made from **organic**, local Romeiki grapes in Crete, Greece
- Created and cared for by the monastics at the Agia Triada Monastery
- Sweetened with **grape molasses**
- Aged in **oak barrels** for **6 years**

Transforms your salads, vegetables, meats and seafood dishes into culinary works of art

- ✓ No Corn Syrup
- ✓ No Caramel
- ✓ No Cane Sugar
- ✓ No Thickeners
- ✓ No Colouring
- ✓ Aged in Oak Barrels
- ✓ No Pesticides
- ✓ No Added Sulphites
- ✓ No Pectins
- ✓ No Chemical Additives
- ✓ No Artificial Preservatives



The best version of yourself starts with a
Good Night's Sleep



Sleep well, rise to your potential!

A.Vogel



NEW!

GoodNight!

Scientifically formulated to support your **full sleep cycle**:

- ✓ Fall asleep with ease
- ✓ Increase sleep duration
- ✓ Wake-up feeling refreshed
- ✓ Non-habit forming

