



#### MARCH SUPER SPECIALS

EVERY-DAY LOW PRICED HEALTH FOODS | CERTIFIED ORGANIC PRODUCE | ALL NATURAL HEALTH & BEAUTY VITAMINS & SUPPLEMENTS | NATURAL & ORGANIC GROCERIES | QUALITY BULK FOODS | HEALTHY EATING



BULK ORGANIC GREEN LENTILS Product of Canada



BULK ORGANIC MEDJOOL DATES Product of Israel



SIMPLY PROTEIN
PLANT-BASED PROTEIN BARS



**2**<sup>55</sup> ea

SAMAI GMO-FREE VEGGIE OR PLANTAIN CHIPS Assorted Varieties



GINGER PEOPLE GINGER CANDIES Select Varieties



SAVOR ORGANIC CREAM-FILLED COOKIES



BREMNER'S ORGANIC
FROZEN FRUIT Select Varieties





5<sup>55</sup> ea

BIOTTA ORGANIC FUNCTIONAL
JUICES Select Varieties



SAVE \$150

**499** 

NUTS TO YOU ORGANIC PUMPKIN SEED BUTTER 250g



NUTS TO YOU ORGANIC SESAME TAHINI 500g



WHOLESOME SWEETENER NATURAL RAW CANE TURBINADO SUGAR 680g



SAVE 90¢

649

WHOLESOME SWEETENER ORGANIC LIGHT OR DARK BROWN SUGAR 680g



ONEKA SHAMPOO OR CONDITIONER 500ml



PLUS FOLIC ACID 60ml



PROGRESSIVE PERFECT PROBIOTIC 30 BILLION CFU 30 Veg Caps



NEW ROOTS WILD OMEGA-3 120 Soft Gels



**AOR BONE BASICS** 240 Veg Caps

#### FOLLOW US

#### NEWMARKET 17555 Yonge Street newmarket@ambrosia.ca

+1 (289) 903-1755

THORNHILL
55 Doncaster Avenue
thornhill@ambrosia.ca
+1 (905) 881-7811

#### VAUGHAN

57 Northview Blvd. vaughan@ambrosia.ca +1 (905) 264-2510

#### **TORONTO**

1725 Avenue Road avenue@ambrosia.ca +1 (647) 748-1725

#### STORE HOURS

Mon-Fri: 9:00am - 9:00pm Saturday: 9:00am - 6:00pm Sunday: 10:00am - 6:00pm

## Energize Revitalize Detoxify

- Ginseng to help energize
- Chlorophyll to detoxify & deodorize
- Nutrients and botanicals help with digestion
- Superfood Complex to aid pH balance & help stop cravings
- Take just one liquid tablespoon a day!





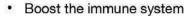
Detoxify and Revitalize your liver with liquid

### Milk Thistle

- Detoxify your liver
- Improve mood
- Cholesterol support
- Chronic fatigue support

Also featuring the benefits of **SEA BUCKTHORN BERRY** 





- Reduces high blood pressure
- Reduces asthma symptoms
- Reduces stomach upset
- Hydrates hair
- Reduces the incidence of acne
- Reduces the incidence of psoriasis plaques
- Improves wound healing





## Naka Breathe Easy!

- Supports respiratory health
- Prevents LDL (bad cholesterol) oxidation to help support cardio health
- Supports detoxification
- Supports glutathione production (an important antioxidant)

#### POWERFUL ANTIOXIDANT

- Immune system support
- Reduce inflammation
- Relieves allergy symptoms
- Reduces blood pressure
- Supports brain health











#### **Meno-Thrive**<sup>™</sup>

Fast relief from hot flashes and night sweats in just 7 days

See in-store for more details





Absorb more with healthy oils



GOOD TO GO GLUTEN-FREE SOFT BARS, BROWNIES, OR BLONDIES 40g



\$200

**749** 

SUNFLOWER KITCHEN
ORGANIC VEGETARIAN CHILI
946ml



72¢

**2**<sup>77</sup> ea

BIOITALIA ORGANIC PASTA
Select Varieties





**999** 

MAISON ORPHEE GRAPESEED OIL 750ml









6<sup>49</sup>

SUNFLOWER KITCHEN VEGETARIAN SOUP

**Assorted Varieties** 





**129** 

GUELPH SOAP NATURAL SOAP BAR 90g



SAVE 95¢

444 ea

NOW VITAMIN A - 10 000IU 100 Soft Gels



\$3<sup>40</sup>

NOW WHOLE PSYLLIUM HUSKS 454a



NOW B100 COMPLEX 100 Veg Caps

MANITOBA HARVEST

**NATURAL HEMP HEARTS** 454a



**6**<sup>99</sup>

PREFERRED NUTRITION
VITAMIN K2 - 100mcg 60 Veg Caps



SAVE \$400

**9**99

WOMENSENSE HAPPYSENSE 5-HTP - 100mg 60 Time-Release Caplets



\$368

THAYERS ALCOHOL-FREE FACIAL TONER 355ml



HOST DEFENSE MYCOMMUNITY IMMUNE SUPPORT 60 Veg Caps



**25%** 

**HOST DEFENSE LION'S MANE** 60 Veg Caps

FOLLOW US



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SCAN THIS CODE, VISIT OUR WEBSITE & SUBSCRIBE TO RECEIVE SPECIALS BY EMAIL.

# SOMETIMES LIFE CAN BE STRESSFUL



**MENTAL CALMNESS®** – Promotes relaxation without causing drowsiness, and helps reduce feelings of stress and nervousness.

**GABA** – Reduces stress and restores a feeling of mental calmness and clarity, offering relaxation without drowsiness.

**TRANQUIL SLEEP®** – Helps you fall asleep and stay asleep, and promotes restful sleep so you wake up refreshed and alert.

**SERENITY FORMULA**® – Helps to temporarily relieve symptoms of mental, physical, and emotional stress.

## SAVE BIG

WITH Ambrosia BRAND

HERE AT AMBROSIA, WE BELIEVE LIFE IS BEST LIVED NATURALLY.



ambrosia.ca